

McDonough County Illinois

Senior Services

Directory

2016-2017

DISCLAIMER

Macomb Creative Elder Options Community Group (CEO) collected and organized the information included in this directory. We would like to thank all the Provider Agencies and Senior Services included. The information in this directory is subject to constant changes made by provider agencies. As a result the Macomb CEO is not responsible for errors you might find. None of the information should be considered a recommendation or endorsement by the Macomb CEO Community Group, its members or the sponsors of this publication. This directory is provided as a community service. We hope the information we have organized meets your needs.

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Online Version: www.macombilceo.org

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McDonough County Senior Services Directory

The goal of this directory is to provide current information about the choices available to interested parties who are seeking help for a senior citizen living in McDonough County, Illinois; whether it is you, a relative, or a friend.

Whether you live in McDonough County, are thinking of moving to the area, or are a relative or friend of someone living here and are seeking information, we hope the information we have provided will be useful.

You will find the information you seek about provider agencies and services for seniors under broad topics that are listed in the table of contents. Information for each provider agency includes their address, telephone number, a brief description of the services or activities they provide, and a website, if it was available.

Your feedback is very helpful. If you want to comment or to report errors you have found, please contact us at Macomb CEO, P.O. Box 155, Macomb, IL 61455

Compiled by the Creative Elder Options
Community Group (CEO)
Macomb, Illinois, 2016

PREFACE

Well, here you are. Your parents suddenly need your help. They have been fine, and suddenly **BOOM!** A call comes to you and you rush to help them. They may be better now, but what do you do about the future?

This guide has been compiled to help the Senior residents of McDonough County and their caregivers locate available services. It has been compiled with two groups in mind: the elderly, and more importantly, their children or caregivers.

Alternatives: an agency funded in part by the Illinois Dept. on Aging, should be the first call that you make. They can help you plan and assess your needs and advise you about government supported benefits and programs available to them. Planning is the first thing you should do. See pages 7, 16, 39 & 46.

Food and Transportation: Do you or others need to access more affordable and nutritious food? If you can't drive, how can you get home delivered meals or get a free ride to the grocery store? See pages 18 & 43.

Housing: The third issue to deal with is housing. Should you or your relative stay in their current home, move to an independent living, an assisted or a supportive-living facility, or nursing home? These are decisions that have long lasting effects. See pages 11, 27 & 33.

Home Health Care: If you or your parents continue to live independently, then some professional and/or medical assistance may be required. See pages 15, 21 & 30

PREFACE

Insurance and Pensions: Check with the Social Security Administration, Medicare, or a pension provider and look for any long-term care insurance policy they may have. See pages 7, 16, 31, 38 & 46.

Money Management and Financial Services: Once you have determined your or your loved ones needs, you will need to determine what it will cost to meet those needs and what their assets and liabilities are. Ask service providers what their services will cost. Determine how you plan to pay for what might be needed. A budget will give you a handle on how and where your loved one can afford to live if he or she is no longer independent. See pages 7, 16, 32.

Support groups and services: You are not the only one with these problems. Many others are in the same boat. Look to members of support groups for advice, comfort, and love. See pages 38-42 for suggestions.

Knowing what services are available to you or your loved one living in McDonough County can save time, money and lives. Read through this directory and make plans for your future now.

REMEMBER YOU ARE NOT ALONE!

**Macomb Area
Creative Elder Options Community Group**

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ALTERNATIVES

1803 7th St.

Moline, IL 61265

After hours/weekends

804 W. Jackson St.

Macomb, IL 61455

800-798-0988

309-781-5381

309-837-7112

E-mail address: alternatives@alternativesforyou.org
www.alternativesforyou.org

This is the first step to finding solutions for older adults who are looking for ways to maintain their independence and quality of life. A certified care coordinator visits the senior in their home to find out what services or supports might be available.

Services include:

- Free Comprehensive assessment
- Resource linkage to more than 200 providers such as homemaker services, emergency home response systems, adult day services or other community supports
- Ongoing case management to assure supports are effective
- Money Management* support to help pay monthly bills
- Ombudsman advocacy for nursing home residents
- Caregiver support, including Relatives Raising Children
- Respite Services
- Adult Protective Services Investigation

After hours: **866-800-1409**

(*See Also, Money Management, Pg. 32
Caregiver Support, Pg. 38
Protective Services, Pg. 36)

PRIMARY PROVIDER AGENCIES

(Agencies Offering a Range of Services and Referrals)

McDonough District Hospital (MDH) 309-833-4101

525 E. Grant St., Macomb, IL 61455

www.mdh.org

MDH is a 48 bed healthcare facility providing a large spectrum of advanced medical treatments and personalized health services. MDH is accredited by The Joint Commission MDH provides a wide range of special programs for seniors, including:

Adult Day Health Services: 309-836-1656

A day program for adults 60+ who need health-related services or social activities. (It is also a regional Phillips Lifeline provider and installer for Illinois.) Open M-F 8:30 am-4:30 pm.

Alzheimer's & Memory Support Services 309-836-1584

Anticoagulation Clinic 309-836-1659

Behavioral Health Services: 309-836-1582

Offers a full range of counseling services, including individual, group, and family therapy

Bereavement Support Group 309-836-1543

Convenient Care* (Macomb Hy-Vee Store) 309-836-1700

Diabetes Education Center 309-836-1631

Home Health Care 309-836-1544

Hospice Care 309-836-1543

Sports Medicine & Rehabilitation Services: 309-836-1601

Physical, occupational, and speech/language therapy; cardiac-pulmonary

Screenings: Colorectal cancer, etc. 309-836-1584

Senior Behavioral Health Unit 309-836-1568

Inpatient treatment program for 65+ experiencing severe behavioral/emotional symptoms

Westervelt Hospitality House 309-833-4101

Wound, Ostomy, Continence Clinic 309-836-1634

(*See also **Walk-in Clinic**, Pg. 45)

PRIMARY PROVIDER AGENCIES

(Agencies Offering a Range of Services and Referrals)

Western Illinois Regional Council-Community

Action Agency (WIRC-CAA) 309-837-2997

223 S. Randolph St.

Macomb, IL 61455

E-mail: wirc-caa@wirpc.org www.wirpc.org

Office hours: 8:00 ó 4:00 Monday-Friday

Provides the following services:

- Clothing Center- Open Mondays, Tuesdays, and Wednesdays (9:00 am-12:30 pm)
- Food Pantry--Open Tuesdays, Thursdays, and Fridays (8:00 am-4:00 pm)
- Non-food pantry - personal care items (once every six months)
- Home Weatherization Assistance
- Low Income Home Energy Assistance (LIHEAP)
- Domestic Violence and Sexual Assault *

***Victim Services** (free and confidential)

P.O. Box 157, Macomb, IL 61455

Email: victimservices@wirpc.org

www.wirpc.org/victimservices

- Domestic Violence Office **309-837-6622**
- Sexual Assault Office **309-836-2148**
- **24-hour Crisis Line 309-837-5555**

(*See also **Protective Services**, Pg. 35)

PRIMARY PROVIDER AGENCIES

(Agencies Offering a Range of Services and Referrals)

YMCA Senior Center

McDonough County YMCA

309-837-5733

400 E. Calhoun St. Macomb, IL 61455

877-837-5733

www.macombymca.org/senior-center

The focal point for Senior Services funded by the Western Illinois Area Agency on Aging. Eligibility for services: age 60 and over. Services include:

- Nutritional Services*: Dine-in and Home Delivered Meals at five sitesô Macomb, Bushnell, Colchester, Blandinsville, and Industry. Meal orders must be made one day prior to dining in or home delivery.
- Information and Assistance (I & A) and Outreach Services: Medicare Part D, Property Tax Freeze, BenefitsAccess Program (auto license discount and free public transportation) and Senior Health Insurance Program (S.H.I.P.) for Medicare problems. Makes referrals to other agencies.
- Activities available for seniors include:
 Bridge, Pitch, Scrabble, Pool (Billiards)
 Line Dancing, Chair Exercise

(*See also **Food** & **S.H.I.P.**, Pgs.18 & 38)

YMCA Classes for Seniors

309-833-2129

(See **Fitness, Exercise.....** Pg.18)

ASSISTED & SUPPORTIVE LIVING FACILITIES

Bickford Cottage

1600 Maple Ave., Macomb, IL 61455 **309-836-9700**

www.enrichinghappiness.com

An assisted living home. Private pay. Provides the following services:

- 25 certified care staff members
- Assessments done with no cost or obligation to determine level of care and cost
- Skilled care services and physical therapy on-site by Home Health
- Five levels of care available meeting a wide variety of care needs
- Medication management by licensed nursing staff
- Personal care assistance
- Activities provided daily with special events planned throughout the month
- Meals, laundry, housekeeping, and more

Grand Prairie Supportive Living **309-833-5000**

1307 Meadowlark Ln.

Macomb, IL 61455 www.gardant.com/grandpraiiemacomb

Accepting all payer sources including Medicaid: An 86- unit facility with private apartments offered in 3 different sizes.

Services include:

- 24-hour certified care
- Individualized care plans
- Medication management by licensed nurses
- Meals, housekeeping, and laundry
- A variety of activities and courtesy transportation

Courtyard Estates of Bushnell

Petersen Health Care Inc.

309-772-8000

1201 N. Cole St., Bushnell, IL 61422

www.courtyardestates.net/bushnell

Private pay assisted living facility for adults over 55. Offers the following: studio or 1-bedroom apartments, 3 meals daily, weekly housekeeping and laundry, organized recreational, social, and educational activities, and a memory care unit, (Betty's Garden), providing care for individuals with dementia related illnesses. Medication managed by a licensed nursing staff. Courtesy transportation provided to medical appointments. Call for information about short-term respite stays.

Downsizing and Moving

Macomb Transfer Company (Movers)

1718 W. Jackson

309-837-1519

Only professional moving company in McDonough County

Organize U

812 N. Madison

309-255-1428

Macomb, IL 61455

www.organizeu2.com

E-mail: sue@organizeu2.com

Certified Professional Organizer who provides the following services to seniors and their loved ones at home or in small group seminars:

- Organizing personal papers or those of loved ones
- Organizing personal space (kitchen, bath, closet, etc.)
- Organize a home for easier day-to-day living
- Help with paying bills and writing correspondence
- Teach methods for sorting mail, email, and voice mail
- Moving, space planning and design
- Closet makeovers and shopping
- Medical and insurance forms processing

EDUCATIONAL OPPORTUNITIES

AARP "Smart Driver" Classes

888-227-7669

309-837-1423

www.aarpdriversafety.org

Smart Driver classes twice a year at Citizens National Bank, 127 S. Side Sq. in Macomb and monthly at other locations in the county. Upon completion of the 8-hour course, you may qualify for an automobile insurance discount given by your insurance company. The course is also available online at the AARP website for a fee. Contact your insurance agent for more details.

Illinois Talking Books Outreach Center

125 Tower Dr.

www.illinoistalkingbooks.org

Burr Ridge, IL 60527

800-426-0709

Macomb Public Library

309-833-2714

235 S Lafayette St

Macomb, IL 61455

The Center provides free library services for anyone unable to read regular print because of low vision, blindness, or a physical disability. It coordinates access to reading machines and reading materials, at no cost to the patron. Apply on line or through your local library.

L.I.F.E. (Learning is Forever)

309-298-1911

www.wiu.edu/LIFE

The LIFE program provides high quality educational opportunities (mostly to senior citizens) for very reasonable fees. Classes range from academic (e.g., history) to skill-based (e.g., photography).

Rules of the Road Classes for Senior Citizens

YMCA Senior Center **309-837-5733**

400 E. Calhoun St., Macomb, IL 61455

Classes are offered by the Secretary of State's Office to help those 60+ who need to take the written driver's test. Offered in McDonough County 5 times a year at the YMCA Senior Center.

Seniors' Day

309-833-4551

Citizens Bank, a Division of Morton Community Bank

127 S. Side Square, Macomb IL 61455

www.hometownbanks.com/macomb

A monthly community service open to the public of any age is co-sponsored by Citizens Bank, McDonough District Hospital, and Heartland Health Care. Local vendors provide free basic health screenings, seminars, classes and/or displays. Held in Citizens Bank's main lobby. the first Thursday of months Jan-Jun and Aug-Dec.

Tri-States Audio Information Services (AIS)

University Services Building, 504 **309-298-2403**

Macomb, IL 61455

www.tristatesaudio.org

Broadcasts 24-hours, 7 days a week. Volunteers read from newspapers, magazines, and novels. Offered at no charge to blind, visually impaired, learning disabled, or physically disabled. Listeners receive specially pre-tuned radios on-loan or listen online.

- Radio Information Service
- Web Streaming Service (available only with a password given to qualified persons)

EMERGENCY RESPONSE SYSTEMS

McDonough District Hospital Personal Response System

525 East Grant Street
Macomb, IL 61455

309-836-1656

www.mdh.org

Phillips Lifeline offers advanced alert and monitoring systems to help seniors remain independent, including go-anywhere protection of GoSafe and automatic fall detection of AutoAlert.

OSF Personal Response System **800-267-4794**

OSF Home Care Services

309-344-9700

3405 N. Seminary St., Galesburg, IL 61401

OSF Personal Response Systems offers a personal monitor 24-hours-a-day, 7-days-a-week at the push of a button. It offers new, innovative technologies for advanced telecare, including: remote medication dispensing, fall detection and state-of-the-art monitoring. The system can monitor medication compliance and physical activity and will automatically self-test all components every 24-hours.

Medical Alert System

800-283-2300

CVS Pharmacy

www.medicalalertsystem.com

Personal 24/7 emergency response system that is accessible throughout one's home via a wireless 2-way speaker system and a waterproof, and impact resistant pendant or wristband. Order by phone or online. No initial equipment cost; monthly fee required. Available in 140 languages.

Safe Return Medic Alert

Central Illinois Alzheimer's Association 309-681-1100

606 W. Glen Ave., Peoria, IL 61614 800-272-3900

www.alz.org/illinoiscentral

Nationwide identification, support and enrollment program that provides assistance when someone with Alzheimer's or a related dementia wanders and becomes lost. If an enrollee is missing, one phone call immediately activates a community to help reunite the lost person with his or her caregiver.

5Star Urgent Responder

800-650-5921

Walmart Pharmacy, 1730 E. Jackson,
Macomb, IL 61455

www.greatcall.com

GreatCall® is powered by one of the nation's largest and most dependable wireless networks, which sells a compact GPS-enabled cell phone type response system, which attaches to your keychain, purse, backpack or other items. Simply press the button anytime you need help and you're connected to 5Star or to 9-1-1 directly. FREE LiveNurse service is included with 5Star.

FINANCIAL & TRUST SERVICES

A few local banks have Trust Departments qualified to evaluate and assist seniors and their families with special financial needs; including the following services:

- Agency Account-Assistance with paying bill
- Custodian Account-Assistance with holding assets
- Power of Attorney Account-Assistance with general financial issues
- Investment Management Account-Assistance with an investment portfolio
- Trustee or Successor Trustee of a Trust.

FINANCIAL & TRUST SERVICES (CONT'D)

- Executor for an Estate

These services require management expertise and are usually accompanied by charges. If professional money management is needed, call or visit a local bank authorized to provide Trust Services. For help check the yellow pages.

FITNESS/EXERCISE/OUTPATIENT REHABILITATION

Advanced Rehab & Sports Medicine Services

130 S. Lafayette St.

Macomb, IL 61455

309-836-2500

www.advrehab.com

Physical therapy services. Accepted by most HMO and PPO plans, Medicare, IL Dept. Of Public Aid, and Workers Compensation. Physicians referral necessary; however, any adult can pay \$25.00 per month to use the equipment. Open 7 am-7pm M-Th and 7 am-5 pm Fridays.

McDonough District Hospital Sports Medicine and Rehabilitation Services

www.mdh.org

The Sports Medicine and Rehabilitation Services team at MDH offers physical and occupational therapy, speech-language pathology, cardiac and pulmonary rehab, and industrial rehabilitation for people of all ages at these locations.

Third Floor in new ER wing

309-836-1601

525 East Grant St.

Macomb, IL 61455

Outpatient Rehabilitation Clinic

309-836-1616

1214 North Lafayette St.

Macomb, IL 61455 This site is approved for Silver Sneakers program for seniors, paid for by their health care plan

Bushnell Rehabilitation Clinic

309-772-2255

Snapfitness

309-731-4341

212 E Calhoun, Suite C
Macomb, IL 61455

macombil@snapfitness.com

Offers 24/7 access to facility with a range of work-out equipment. Serves all ages. Staffed from 8:30 am M óF until 4 PM Monday; 6:00PM Tu ó Th; 12:00 PM Friday. Approved for Silver Sneakers program for seniors, paid for by their health care plan.

Wesley Home Health

309-833-2613

Provides in-home Physical, Occupational and Speech therapy for homebound individuals.

YMCA

309-833-2129

400 E Calhoun, Macomb, Il 61455
Classes for Seniors

- | | |
|---|-------------------|
| Arthritis Foundation Aquatics | Senior Swim |
| Balance & Stretch Fitness | Water Aerobics |
| Master Builders Weight Resistance | Personal Trainers |
| Forever Fit - Standing and chair-based | |
| exercise to build strength, endurance and flexibility | |

Fees vary depending on session and class

FOOD SITES/DELIVERY

County Market

309-837-9914

101 S. Dudley, Macomb IL 61455

Free in-town grocery delivery service. Fridays only. \$20 minimum order. Order by 4 pm on Thursday for Friday delivery.

The Crossing Food Pantry

309-836-7870

The Crossing Church
1600 W. Jackson St., Macomb IL 61455

FOOD SITES/DELIVERY (CONT'D)

Third Saturday of each month, from 8:30 am to 10:30 am. It begins with a check-in and a devotional service followed by food distribution.

Dine In and Home Delivered Meals: YMCA Senior Center

400 E. Calhoun St. Macomb, IL 61455 309-837-5733
ymcasenior@hotmail.com

Meal program is funded by the Western Illinois Agency on Aging.

Dine in Meals: a lunch meal at five sites on various days

Home Delivered Meals: targeted to homebound individuals.

Meals are delivered from all sites on the same schedule as dine-in meals. Suggested donation: \$4.50 for dine-in service and \$5.50 for home delivered meals. Meals are served at each of the following sites:

Blandinsville: Christian Church, 230 W. Washington St.
Mondays, Wednesdays, and Thursdays: Lunch at 11:30 am.

Bushnell: Bushnell Recreation Center, 300 Miller St.
Monday thru Friday: site open 10:15 am to 1:00 pm.
Lunch at 11:30 am.

Colchester: Colchester Senior Center, 114 W. Depot St.
Mondays, Wednesdays, and Thursdays site open 10:15 am to 1:00 pm. Lunch at 11:30 am.

Industry: Kiwanis Building, 59 Downen St., site open Tues. and Fri. 10:15 am to 1:00 pm. Lunch at 11:30 am.

Macomb: YMCA of McDonough County, Senior Center, 400 E. Calhoun St., center open Monday thru Friday 8:00 am to 5:00 pm. Lunch at 11:30 am.

**(To Reserve Your Meal, Call 309-837-5733
at Least 1 Day in Advance)**

Hy-Vee Food Store and Pharmacy

309-837-9917

1600 E. Jackson St., Macomb, IL 61455

www.hyvee.com

Delivery for prescription orders called in Monday through Friday is free.

Order food online anytime by typing aisles online on the website and entering your choices of foods, time and date for delivery or pick-up. Delivery fee is \$4.95 for orders under \$100 or pick-up at the store for fee of \$2.95. Phone orders accepted Thursday and Friday before 11:00am. Fee for filling food order and delivery is \$5.00 for seniors.

Loaves and Fishes

309-836-3663

First Presbyterian Church

400 E. Carroll St., Macomb, IL 61455

Food Bank for McDonough County residents operated by local churches. Use Dudley Street main entrance. M-Th, 1:15-4:00 pm. F, 1:15-3:00 pm.

Meals on Wheels: Heartland Health Care Center

8 Doctorø Ln., Macomb, IL 61455

309-833-5555

Evening meals are delivered 7 days a week. Special diet menus available. Call for per meal prices

Meals on Wheels: Prairie City Rehab and Health Care Center

825 E. Main St.

Prairie City, IL 61470

309-775-3313

The noon meal is available for delivery M-F in the Prairie City area. Call for the current per meal price.

FOOD SITES/DELIVERY (CONT'D)

Salvation Army Food Pantry

309-837-4824

505 N. Randolph St., Macomb, IL 61455

Food Bank: Food assistance is provided once each 60 days. Applicants are asked to supply information about their income and expenses. Must sign up at the office. Open M-F, 10-12 AM and 1-3 PM.

Soup and More

Presbyterian Church, 400 E. Carroll St

Macomb, IL 61455

www.soupandmore.org

An ecumenical non-profit, volunteer organization which serves a free dinner the last Sunday each month (except Christmas or Easter Sunday) from 4:00-6:00 pm. Also provides snacks and groceries for those in attendance.

Western Illinois Regional Council-Community

Action Agency (WIRC-CAA)

309-837-2997

233 S. Randolph St.

Macomb, IL 61455

www.wirpc.org

Food Pantry Hours: Food available once every 30 days to income eligible households. Open-Tuesdays, Thursdays, and Fridays (8:00am - 4:00 pm)

HOME HEALTH CARE

Addus Home Care

309-743-0319

3818 27th St., Moline, IL 61265

309-734-5531

215 S. 1st St., Monmouth, IL 61462

800-755-7922

www.addus.com/illinois.htm

Addus Home Care provides a Community Care Program, private duty services, and works with Alternatives and DORS. Fee based.

- Light housekeeping and laundry

- Meal preparation
- Personal care/Respite care
- Transportation to shopping and Drs. Appointments

Help-at-Home

133 S. Randolph St.

Room 203, Macomb, IL 61455

309-833-2444

800-404-3191

www.helpathome.com

Provides Community Care Program services, including respite care, light housekeeping, laundry, errands and medical appointments, personal care, meal preparation and medication reminders. Private pay and some state subsidy.

McDonough District Hospital Home Health

McDonough District Hospital

525 East Grant Street, Macomb, IL 61455

309-836-1544

www.mdh.org

MDH provides skilled nursing care, including wound care, diabetes management, medication administration, nutrition counseling, and home infusion therapy. Physical, occupational, and speech therapy, as well as social services and telehealth monitoring are offered in the home. MDH Home Health Care is licensed by the Illinois Department of Public Health, accredited by The Joint Commission, and Medicare-certified. Serves all of McDonough County and portions of Fulton, Hancock, Schuyler, and Warren counties.

OSF Home Care Services

3405 N. Seminary St.

Galesburg, IL 61401

309-344-9700

855-863-4663

www.osfhomecare.org/homehealth

Serves clients 24/7 regionally and in McDonough County. Assistance available through referrals by health care professionals, the patient and/or family members. A doctor's order is needed before home health services can begin. Home care includes Medicare-certified home health agencies, hospice

HOME HEALTH CARE (CONT'D)

care, home infusion therapy and home medical equipment. No one will be denied home care services due solely to their inability to pay. Services offered to home health patients include:

- Case management
- Disease state management and education
- Rehabilitation services
- Restorative care
- Supportive counseling
- Intravenous therapy
- Pain management
- Wound and Ostomy care
- Cardiac assessment and monitoring
- Diabetes management and Nutrition counseling

Wesley At Home

309-833-2613

Wesley Village
1200 E. Grant St.

www.wesleyvillagemacomb.com

A licensed Home Nursing and Home Service Agency offering 24 hour-care, 7 days a week. Private Pay and some insurance companies. Certified Community Care Provider offering services for income eligible Seniors, not necessarily homebound.

Home Service Homemakers provide:

- Light housework including mopping, ironing, etc.
- Companionship/Respite
- Shopping and meal preparation
- Stand-by assist bathing, dressing, etc.
- Arranging appointments to Drs. and Dentists

Home Nursing provides:

- Medication set up and monitoring

- Blood Pressure Checks
- Wound Care

Wesley Home Health

309-833-2613

Provides services for homebound individuals in McDonough, Hancock, Fulton and Schuyler Counties. Services include:

- RN available 24 hours a day, 7days a week
- Medication education
- Wound Care
- After care following surgery
- Physical, Occupational and Speech therapy

Western Illinois Home Health Care

716 East Jackson St.
Macomb, IL 61455

309-837-9422

www.wihhc.com

Full service home care agency covering McDonough and adjacent counties in Western Illinois. Offering personalized nursing and in home care.

- Nursing care and therapy in your own home
- Chronic Care Certified staff focusing on personalized patient outcomes
- Senior Care Management Program offering a tailored care plan to fit your needs
- Around the clock household assistance and attentive companionship to help you remain at home

HOSPICE CARE

Provided to patients who have a limited life expectancy, with a prognosis of six months or less. Anyone diagnosed with a terminal illness can be eligible for hospice.

Harbor Light Hospice

309-343-3030

1865 N. Henderson, Suite 10, Galesburg, IL 61401

www.harborlighthospice.com

Provides end-of-life care to loved ones in a setting of their choice. Offers services to McDonough and other western Illinois counties. Services can be provided at home, a skilled nursing facility, or an assisted living center.

Hospice Compassus

1640 N. Henderson

309-342-3007

Galesburg, IL 61401

www.hospiceofthehighlandrim.org/loc-ILGAL.html

Provides a palliative care focus on symptom management and pain control. Serves McDonough County. Call 24/7 with questions. Offers day-to-day medical care, non-denominational chaplains and counselors who serve people in McDonough and other western Illinois counties.

McDonough District Hospital Hospice

525 East Grant Street, Macomb, IL 61455

309-836-1543

www./mdh.org

Provides a comprehensive team approach for patients with a terminal illness and offers support for their families. Care is provided in the home setting. The MDH Hospice is licensed by the Illinois Department of Public Health, accredited by The Joint Commission, and Medicare-certified.

OSF Home Care Hospice Services

33405 N. Seminary St.
Galesburg, IL 61401

800-863-4663
309-344-9700

www.osfhomecare.org/hospiceservices

OSF's in home hospice care includes

- Nursing, aides, social workers, and chaplains
- Volunteers who can assist patients and families
- Bereavement services to the family for an additional 13 months
- Medications related to their illness
- Equipment needed to manage their care
- Access to new Hospice Home
- Covered 100% by Medicare, Medicaid and most insurance

Wesley Home Health

309-833-2613

Wesley Village
1200 E. Grant St,
Macomb, IL 61455

www.wesleyvillagemacomb.com

Provides services for homebound individuals in McDonough, Hancock, Fulton and Schuyler Counties. Services include:

- RN available 24 hours a day, 7 days a week
- Medication education
- Wound Care
- After care following surgery
- Physical, Occupational and Speech therapy
- [hospice care](#)

INDEPENDENT LIVING FACILITIES

Everly House

309-833-2704

811 S. Lafayette St.

Macomb, IL 61455

www.everlyhouse.com

Independent, secure retirement living for individuals aged 65+. Monthly rent includes furnished rooms and suites, 3 home cooked meals daily, all laundry, weekly housekeeping, utilities, cable, daily activities and in-house emergency call system. No Contracts-stay short or long term. See our video at our website.

INDEPENDENT LIVING FACILITIES

The Villas of Grand Prairie Independent Living

1307 Meadowlark Ln.

309-833-5000

Macomb, IL 61455

A community of duplexes for adults aged 55 and older:

- 2 bedrooms, 2 baths, 2 car garage
- Great Room with fireplace.
- Housekeeping and maintenance, snow removal and mowing.
- Meals at Grand Prairie Assisted Living
- Available for monthly rent or purchase

Jefferson House

309-837-9955

900 E. Jefferson St., Macomb, IL 61455

115 one-bedroom apartments, community room, laundry room, lounge area on each floor. Required age 62 and over. Rent subsidies through HUD.

Housing Authority of McDonough County

322 W. Piper

309-837-2363

Macomb, IL 61455

www.mcdonoughhome.org

E-mail: home@macomb.com

Admission is based on income and family size

Eisenhower Tower Apartments

322 W. Piper St., Macomb IL 61455

Efficiency and one-bedroom apartments

Eligibility: Low-income individuals, seniors or disabled persons

Fitch Manor

1500-01W. Main St., Bushnell, IL 61422

1 and 2 bedroom units

Eligibility: Low income seniors or disabled persons

Greenbrier Townhomes Public Housing

770 W Hurst St. Bushnell, IL 61422

2, 3, or-4 bedroom apartments

Eligibility: Low income families, seniors, or disabled persons.

Prairie View Homes

N. Prairie Ave, Macomb, IL 61455

1-5 bedroom apartments

Eligibility: Low income families, individuals, seniors, or disabled persons.

Lafayette Square

309-833-3785

100 W. Jefferson St., Macomb, IL 61455

100 one-bedroom apartments each with a balcony, community room, laundry facilities, on-site beauty shop.

Required age 62 and over. Rent subsidies through HUD.

Wesley Village Retirement Community

1200 E. Grant St., Macomb, IL 61455

309-833-2123

www.wesleyvillagemacomb.com

Wesley Independent Living Apartments

Sixty-eight one-bedroom apartments with a living room/dining room combination range in sizes from 316 sq. ft. to

INDEPENDENT LIVING FACILITIES (CONT'D)

636 sq. ft. With each apartment an array of services such as house-keeping, maintenance, meals, utilities, and cable TV, etc. is offered. The apartments can be set-up on a rental program or membership plan. Offers a full array of social activities.

Wesley Estates Duplexes

Duplexes offer 1,344 sq. ft. of living space and include a large living room, dining area, kitchen, two bedrooms, two bathrooms, laundry room, 2-car garage with storage above, a front porch and back patio. Wesley Estates provides a service package to its members, which includes the following:

- All utilities except phone & Internet Provided
- Housekeeping
- Complete home maintenance
- Lawn Care and Snow Removal
- Activity Programs
- Real Estate Taxes
- Property insurance
- Courtesy Transportation

West Central Illinois Center for Independent Living

440 N. Lafayette

Voice Mail 309-833-5766

Macomb, IL 61455

Email: info@hotmail.com

www.wcicil.org

Part of the Statewide Independent Living Council of Illinois working with local property owners to help the disabled find housing. Works with housing referral and adaptation, personal assistance referral or legal aid in the following counties: McDonough, Adams, Brown, Hancock, Pike, and Schuyler. Not limited to seniors.

LONG-TERM CARE INSURANCE

Illinois Department on Aging

421 E. Capitol Ave., Suite 100

800-548-9034

Springfield, IL 62701-1789

217-782-5020

www.aoa.gov

www.insurance.illinois.gov/ship

Information on long-term care policies available in Illinois.
We do not endorse any of these products.

MEDICAL EQUIPMENT, SUPPLIES, AND WALK-IN SERVICES

Macomb Medical Equipment & Supply

531 E. Grant St.

Macomb, IL 61455

309-837-6161

www.denserv.com

This medical equipment and supplies store sells and rents such products as oxygen, C-PAP/BiPAPs, wheelchairs, compression stockings, wound care products, ostomy/catheter supplies, commodes, hospital beds, seat lift chairs, incontinence products, nebulizers, bathroom safety products, wheeled walkers, canes, crutches, nutritional/enteral/bariatric supplements, TENS units and orthopedic soft goods. Services include: Billing to Medicare, Medicaid, and private insurance; education on equipment set-up; in-home respiratory visits. Free delivery available.

MORE Medical Supplies

309-837-6673

440 N. Lafayette St. Suite 103,

Macomb, IL 61455

www.MOREmedicalSupply.com

MEDICAL EQUIPMENT, SUPPLIES AND WALK-IN SERVICES (CONT'D)

A locally-owned durable medical equipment company serving McDonough and surrounding counties with two convenient locations. Well-trained staff take the time to ensure each customer receives the personal attention they deserve. MORE sells or rents: Oxygen, C-Pap/Bi-Pap & supplies, diabetic shoes, nebulizers, seat lift chairs, wheelchairs and walkers, orthopedics and MORE! Bills Medicare, Medicaid and private insurance. Free delivery in Macomb.

Pharmacies with Medical Equipment, Supplies and Walk-in Services

CVS 309-833-1750

1401 E. Jackson St. Macomb, IL 61455

www.cvs.com

Walgreens 309-837-2154

300 E. Jackson St., Macomb, IL 61544

www.walgreens.com

Wal-Mart 309-836-3311

1730 E. Jackson St, Macomb, IL 61455

www.walmart.com

These pharmacies and the **HY-Vee** Pharmacy offer some or all of the following immunizations: MMR, Hepatitis A & B, seasonal flu, shingles, pneumonia, meningitis, diphtheria and pertussis.

E-Pill/Medication Reminders 800-549-0095

Email: info@epill.com

www.epill.com

An integrated system simplifies medication organization and delivery, reminds individuals to dispense and take their medications on schedule, and monitors patient compliance using the phone line. Cost: dispenser and monthly fee.

Philips Medication Dispensing Service 888-632-3261
www.managemypills.com/content/Medicationerrors

This technology holds up to 6 doses per day for 1 to 40 days. System includes reminder alerts, instructions for taking medications, and alerts for missed doses, time for refilling, and dispenser errors or loss of electricity.

MONEY MANAGEMENT

Seniors who are having difficulty keeping track of their finances should first contact their bank and inquire about what services are available and their cost. In addition to general, occasional help to balance account(s), some banks offer fee-based Trust Department services for complex farm, investment, or personal issues, including: Paying Bills, Titling Assets, Power of Attorney, Trust, Estate, Guardianship, and Management situations. It is usually good to start at the Bank where your accounts are located. For names and phone numbers of banks in McDonough County, check the local phone directories.

Alternatives 309-837-7112
804 W. Jackson St. Macomb, IL 61455 800-798-0988
1803 7th St, Moline, IL 61265 www.altenativesforyou.org

Offers the Money Management Program, a service to assist eligible older adults with their financial affairs when the task becomes too difficult. Screened and approved volunteers meet regularly one-on-one with clients to help organize and pay bills.

How Do I Know When To Ask For Help?

- Difficulty budgeting or managing your money
- Eviction notices
- Forgetting to pay bills, late payment charges on bills or lost bills

MONEY MANAGEMENT (CONT'D)

- Unable to track money
- High interest payday or rent-to-own loans
- Unopened mail
- Physically unable to manage in a financial crisis

NURSING HOMES & REHABILITATION FACILITIES

Countryview Care Center of Macomb

400 W. Grant St. Macomb, IL 61455 **309-837-2386**

Petersen Health Care Inc.

www.petersenhealthcare.net/countryview-macomb

An intermediate and skilled care facility. Medicare and Medicaid certified. Also designated to address various forms of dementia, cognitive, mood-state, and behavior-related disorders that impact each individual's psycho-social well-being and overall quality of life. Through individual treatment plans, residents focus on improving their current levels of functioning and symptom reduction in order to live in the least restrictive environment.

Countryview also offers:

- 24-hour nursing care
- 24-hour pharmacy services
- Physical, Occupational, and Speech Therapies
- Therapeutic Dietary services
- Individualized programming
- Transportation to Drs. Appointments

Elms

309-837-5482

1212 Madelyn Ave., Macomb, IL 61455

www.theelmsmacomb.com

A 98-bed not-for-profit skilled care facility locally-owned and operated by McDonough County, IL. Medicare and Medicaid certified. Has its own rehabilitation department to allow

residents to continue therapy with Dr.ø's approval as long as they live at the Elms. Services include the following:

- 24-hour nursing care by RNø's, LPNø's and CNAø's
- Rehabilitation service after surgery or hospitalization
- Four levels of care available to meet a wide variety of care needs
- Physical, occupational, and speech therapies
- Range of activities to encourage self-expression, interaction, and creativity
- Short and long term stays according to your needs
- Convenient admission opportunities 7-days a week

Heartland Health Care Center of Macomb

8 Doctors Ln. Macomb, IL 61455 **309-833-5555**

Manor Care, Inc.

www.hcr-manorcare.com

E-Mail: Macomb@hcrmanorcare.com

Services include the following:

- 24-hour skilled nursing care
- Wound specialist
- Speech, occupational, and physical therapies
- Inpatient and outpatient therapy provided
- Meals on wheels program

Prairie City Rehab and Health Care Center

825 E. Main St., Prairie City, IL 61470 **309-775-3313**

Petersen Health Care Inc.

www.petersenhealthcare.net/prairie-city

A 47-bed skilled and intermediate care facility, Medicare and Medicaid certified. Services include:

- 24-hour nursing care
- Speech, physical, and occupational therapies
- Respite care and Hospice care
- Special features: small pets allowed, beauty/barber shop

NURSING HOMES & REHABILITATION FACILITIES (CONT'D)

Wesley Village Health Care Center

1200 E. Grant St., Macomb, IL 61445 309-833-2123

www.wesleyvillagemacomb.com

Offers skilled nursing beds, including health care beds, a short term rehabilitation wing, and a memory care unit. Medicare Certified. Accepts private pay, Medicare, Medicaid, and a variety of insurance. Full-time social service director, pain management program, respite care, and hospice care. The FAST-TRACK rehabilitation program for inpatient and outpatient physical, occupational, speech therapy.

Wesley Home Health

309-833-2613

Wesley Village www.wesleyvillagemacomb.com

1200 E. Grant St

Provides services for homebound individuals in McDonough, Hancock, Fulton and Schuyler Counties. Services include:

- RN available 24 hours a day, 7 days a week
- Medication education
- Wound Care
- After care following surgery
- Physical, Occupational and Speech therapy

OUTPATIENT MEDICAL TREATMENT FACILITIES

Kidney Dialysis

Fresenius Medical Care

523 E Grant, Macomb, IL 61455 309-833-4036

Accepts Medicare and Medicaid clients. Physician referral is required.

Macomb Oncology Institute 309-836-8400

401 E. Grant St., Macomb, IL 61455

Provides radiation treatment for cancer patients. Accepts Medicare and Medicaid patients. Physician referral is required.

**PROTECTIVE SERVICES, EXPLOITATION
& SCAMS**

If someone calls you stating that they work at your bank, hang up and contact your bank using their main contact number to verify the call. If you receive phone calls stating you have won a prize, remember, DO NOT give out your personal information. It could be a SCAM. Please contact the Macomb Police Department in all emergency or suspected SCAM situations.

Alternatives 800-789-0998

Adult Protective Services investigates and resolves cases of elder abuse and abuse of adults 18-59 with a disability. Anyone can report abuse. All reported information is kept confidential.

Central Complaint Registry 800-252-4343

www.idph.state.il.us/

To report nursing home complaints, call the Illinois Department of Public Health between 8:30 am-5 pm, M-F
Handles matters concerning patient care/cleanliness, patient/visitor relations and other concerns for nursing homes, mental health centers, renal dialysis, and Hospice.

Financial Exploitation 800-252-8966

http://cbrx.il.gov/aging/1abuselegal/abuse_financial.htm

Bankers and Seniors against Financial Exploitation (B-SAFE), is a program administrated by the Illinois Department

PROTECTIVE SERVICES, EXPLOITATION & SCAMS (CONT'D)

on Aging, Illinois Community Bankers Association and Office of the Attorney General of Illinois.

FTC Identity Theft Reporting 877-438-4338
Federal Trade Commission www.ftc.gov/idtheft

Macomb Fire Department 309-836-7800
219 West Jackson Street Emergency 911

Macomb Police Department 309-833-4505
www.macombpolice.com Emergency 911

Provides free emergency services to Seniors 24/7 including: Domestic Violence, Victims of elder abuse, and scams. Macomb Police also provide extra patrol and house watch services to the community. This allows residents to leave town and feel safe that their residences are being provided extra security while they are away.

McDonough County Sheriff. 309-833-2323
Assists with Identity theft problems and other scams affecting seniors.

Prairie State Legal Services
311 E Main St., Suite 302 800-331-0617
Galesburg, IL 61401 or 309-343-2141
www.pslegal.org

Prairie State Legal Services offers free legal services for low-income persons and those over 60 who have serious civil legal problems and need legal help to solve them. Throughout its history, Prairie State has focused on providing legal services to the most vulnerable groups in our society, including the poor, the elderly, and people with disabilities. Galesburg office serves seniors living in McDonough County.

Western IL Regional Council-Community Action Agency

P.O. Box 157, Macomb, IL 61455

Victim Services

Email: victimservices@wirpc.org

www.wirpc.org/victimservices

All services are free and confidential

- Domestic Violence Office **309-837-6622**
- Sexual Assault Office **309-836-2148**
- 24-hour Crisis Line **309-837-5555**

SOCIAL SECURITY AND MEDICARE

The nearest branch offices of Social Security are located at:
525 18th St . **217- 224-8902**

Quincy, IL 62301

Senior Health Insurance Program (S.H.I.P)

YMCA Senior Center

309-837-5733

400 E. Calhoun St.

877-837-5733

Macomb, IL 61455

www.insurance.illinois.gov/ship

Selected staff and volunteers are trained to assist with Medicare issues. These include problems with Medicare billing, evaluating Medicare supplemental insurance offerings and Part D Prescription Drug programs.

SUPPORT GROUPS AND SERVICES

Alzheimer's Association – Central Illinois Chapter

606 W. Glen Ave., Peoria, IL 61614

309-681-1100

24-hour HOTLINE

800-272-3900

www.alz.org/illinoiscentral

Care consultations, safe return ID bracelets, family caregiver education, respite care, and support groups in 140 languages. Support group meeting in the Macomb

SUPPORT GROUPS AND SERVICES (CONT'D)

City Hall Community Room. Last Wednesday of every month at 2:00 pm. Call 309-544-2397 for further information.

Alternatives

804 W. Jackson St., Macomb, IL 61455 **309-837-7112**

1813 7th St, Moline, IL 61265 800-798-0988

www.alternativesforyou.org

The purpose of these groups is to provide education and support for family members and others in these situations. Location may change from month to month. Call (800)-798-0988 for information on locations

Caregivers Support Group

Meets on the third Thursday of the month 1:30 to 3:30 pm.

Macomb Grandparents Raising Grandchildren Group

Meets on the second Friday of the month, 10:00-11:30 am.

McDonough County Health Department

505 E. Jackson St., Macomb, IL **309-837-9951**

www.mchdept.com Email: mchdept@mchdept.com

Provides public health services to all residents of McDonough County. MCHD focuses on four main areas of public health: community, environmental, family and emergency preparedness. Open M-Th 7:30 am to 5 pm.

Services of interest to seniors:

- Preventative Health Screenings
- Smoking Cessation Assistance (qualifying individuals)
- Unwanted Medication Disposal (except government controlled substances, which must be disposed of by the police)
- Immunizations (Flu, Pneumonia, and Shingles shots)
- Sharps container recycling and replacement program

McDonough District Hospital

Advocacy Services

309-836-1636

525 East Grant Street, Macomb, IL 6145 www.mdh.org

An integrated patient care department that includes advocate services, social services, and spiritual care. The staff provides support and problem-solving assistance to patients, families, and visitors.

ÉProvides referrals to community resources

ÉProvides assistance with arranging durable medical equipment

MDH offers a variety of support groups on a periodic or as needed basis. To inquire about a specific support group please contact the following departments:

Alzheimer's & Memory Support Services,

MDH Outreach

309-836-1584

Staff takes the time you need to discuss changes in memory and abilities and provide standardized testing. A testing report is then sent to your healthcare provider for follow up and future testing or diagnosis. A Memory and Aging Network site with Southern Illinois School of Medicine since 1990.

Bereavement Group, Hospice

309-836-1543

Breast Cancer Support Group,

Outreach Services

309-836-1584

Caregiver Support Group

309-836-1568

Associated with Senior Behavioral Health Unit. Meets 2nd Wednesdays, 5:00-6:00 PM at Grand Prairie Activity Room.

North Central Behavioral Health Systems

301 E Jefferson St

Macomb, IL 61455

309-833-2191

E-mail: info@ncbhs.org

www.ncbhs.org

Offers a wide range of mental health and substance abuse education, counseling, and other specialty behavioral health services.

(24/7 Hotline 815-224-1610)

SUPPORT GROUPS AND SERVICES (CONT'D)

Parkinson's Disease Support Group 309-211-9888

YMCA, 400 E Calhoun,

Macomb, IL 61455

katherinewebb12@gmail.com

Open to individuals, family members, friends and caregivers of people with movement disorders (Parkinson's, Parkinsonism, Lewy Body Dementia, MSA, Huntington's Disease, etc.) Meets to discuss and learn on the second Friday of the month at 3:00 PM at the YMCA.

Senior Life Solutions

Sarah D. Culbertson Memorial Hospital **217-322-5201**

238 S. Congress St., Rushville, IL 62681

Email: sbarrientos@sdcmh.org

www.cmhospital.com

Offers group, individual and family therapy for seniors suffering from depression, anxiety, unresolved grief or any problem that is affecting quality of life. The voluntary program is approximately 8-12 weeks with group therapy 2-4 days per week (M-F) Noon meal is served during the treatment day. Treatment team includes a psychiatrist to evaluate and provide medication management for the behavioral health diagnosis. The goal is to help seniors safely return to their optimal style of living.

Stroke Support Group

Sarah D. Culbertson Memorial Hospital **217-322-5286**

Occupational Therapy Service Department

238 South Congress, Rushville, IL 62681

www.cmhospital.com

Culbertson Memorial Hospital offers a monthly support group meeting where survivors, their families or caregivers can come together and share their experiences, learn valuable information from the speakers and ask advice when needed. The meetings are held the 3rd Wednesday of every

month at 3:00 pm at Culbertson Gardens, 400 Logan Street, Rushville, IL. If you would like to attend the meeting, please call Therapy Services Department. Open to anyone needing the service. Free meal provided.

TELEPHONE AND COMMUNICATIONS SERVICES

Frontier Lifeline Telephone Discounts in Illinois

Frontier Communications **800-921-8101**

www.frontier.com/discountprograms/LifelineProgram

Low Cost/Low Income Frontier phone service for eligible customers; this is a federally funded discount programs in Illinois. Call your landline telephone company to apply for the **Illinois Lifeline** program or download the application online only if you participate in any one of the following programs:

- SNAP (Supplemental Nutrition Assistance)
- Low Income Home Energy Assistance (LIHEAP)
- Medicaid or SSI
- A Senior earning \$15,000/year or less

Illinois Telecommunications Access Corporation (ITAC)

www.itactty.org

VNA Community Ctr. Services for Seniors

Quincy Senior & Family Resource Center

639 York St., Quincy, IL 62301 **217-223-7904** VOICE

Provides free telecommunications equipment to the deaf, hard of hearing, speech disabled and deaf/blind in Illinois. Free amplified telephones are included.

Basic requirements:

- Legal resident of Illinois
- Working telephone service in your residence (must provide copy of phone bill)

TELEPHONE AND COMMUNICATIONS SERVICES (CONT'D)

- Application signed by your Doctor or approved certifier that the applicant is deaf, hard of hearing, speech disabled or deaf/blind and unable to use a standard telephone

TRANSPORTATION

Cancer Treatment Drivers

American Cancer Society
4234 N. Knoxville Ave.
Peoria, IL 61614

800-227-2345

309-688-3488

Using volunteer drivers, the Road to Recovery program provides free rides to cancer treatment appointments. No age or income requirements.

McDonough County Public Transportation

701 E Pierce St. Macomb IL 61455

309-837-7433

www.837ride.com/senior.php

Demand Response Service: Door-to-door service within McDonough County. Service is available Mon-Fri. from 6:00 am to 6:00 pm and on Saturday from 7:00 am to 1:00 pm. All transportation vehicles are accessible for persons with disabilities. Seniors ride for free.

Fixed Route Service: Go West Transit provides scheduled routes covering the city and campus and are available 7 days a week during the regular WIU School year and 6 days a week during summer and WIU breaks. Free service

Out of County Non-Emergency Medical Transportation: Door-to-door service for medical appointments within 2 hours of Macomb. Reservations should be made well in advance of appointment date. The round trip fare is \$10.00 and attendants or caregivers ride for free.

VETERANS AFFAIRS

Illinois Dept. of Veterans Affairs 309-836-2243

The Armory

135 W. Grant St, Macomb, IL 61455

www.veterans.illinois.gov

Assistance with veterans' benefits including:

Medical, Veterans Home, Pension, Burial Markers,
VA Van to Iowa City, IA

VFW - Veterans of Foreign Wars 309-837-1921

1200 E Jefferson

Macomb, IL 61455

- Provides transportation to Medical Appointments by Volunteer Van and Driver 309-833-3275
- Maintains inventory of Wheelchairs, Walkers, etc. for loan to veterans and others.

WALK-IN CLINIC

MDH Convenient Care Clinic

1600 E. Jackson St. (in Hy-Vee Store)
Macomb, IL 61455

309-836-1700

www.mdh.org

Provides medical care and treatment for uncomplicated minor illnesses, injury, and skin conditions for patients 18 months and older.

This is a storefront health care facility designed primarily for individuals who may not have access to a primary care physician and/or are in need of health care assistance on a non-appointment basis. MDH does not discriminate on ability to pay. Financial assistance is available upon request. The cost of a visit to this clinic is less than a visit to the Emergency Room.

Service Hours: 8:00 am-7:00 pm Mon.-Thurs.
 9:00 am-6:00 pm Fri- Sat.
 10:00 am-4:00 pm Sunday

Services include the following:

- Treatment of minor illnesses
- Treatment of minor injuries
- Treatment of skin conditions
- Vaccinations/Tdap boosters
 - Diphtheria
 - Flu (seasonal)

Helpful Websites

Benefits CheckUp: the National Council on Aging

www.benefitscheckup.org

National not-for-profit research and educational organization with a database to make individuals aware of all of the benefits they or a family member might be eligible to receive.

Illinois Department on Aging

www.illinois.gov/aging/

Medicare

www.medicare.gov

Medicare Prescription Drug Plan Finder

Medicare Ombudsman

www.medicare.gov/nhcompare

Compares nursing home quality data and finds results of state agency reports.

National Clearing House of Long-Term Care Information

www.longtermcare.gov

Social Security Administration

www.socialsecurity.gov

Replace a missing Social Security card, change address, or bank depository

State University Retirement System of Illinois (SURS)

www.surs.org

Provides pension and insurance benefits for retirees of the State University system.

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HELPFUL PHONE NUMBERS

Telephone Directory Assistance Toll Free (800) 373-3411

Alternatives	(309) 837-7112
AARP Illinois (Springfield)	(866) 448-3613
Elder Abuse Reporting	(800) 798-0988
Elder Abuse - Hotline 24/7 (After Hours)	(866) 800-1409
Elder Care Locator (Alternatives)	(800) 677-1116
Energy Assistance (LIHEAP)	(309) 837-2997
WIRC-Macomb	
Energy Assistance-Emergency	(309) 837-4824
(Warm Neighbors) Salvation Army of Macomb	
Energy Assistance Hotline	(877) 411-9276
(Keep Warm Illinois)	
IL Dept. on Aging/Senior Help Line	(800) 252-8966
IL Dept. of Human Services Hotline	(800) 843-6154
Central Illinois Center for Blind and Visually Impaired	(309) 637-3693
Vocational Rehab & Home Services	(309) 833-4573
IL Dept. of Public Health – Hotline	(800) 252-4343
IL Secretary of State, Motor Vehicles	(800) 252-8980
Driver’s License Examiner (Macomb)	(309) 833-5661
Medicare & Medicaid (CMS) Information	(800) 633-4227
Office of the State Guardian & Advocacy	(866) 274-8023
Ombudsman (Nursing Home Advocates)	(800) 798-0988
Long Term Care Facilities (After Hours)	(866) 800-1409
Senior Health Insurance Program (SHIP)	(800) 548-9034
Social Security Administration (Quincy)	(800) 772-1213
USDA Rural Development (Quincy)	(217) 224-9307
(Low-Income Seniors-Loans/Grants for Home Repair)	
Western Illinois Area Agency on Aging	(800) 322-1051